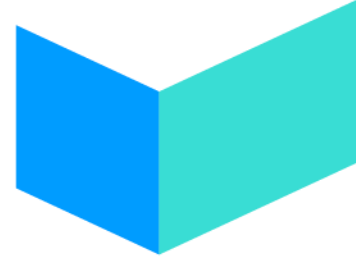


# Lifetime Training

## Graham Care Mandatory Training Summary



### Fire Safety

- Introduction to fire safety legislation - (The Regulatory Reform (Fire Safety) Order 2005)
- Responsibilities of the company and staff
- Go through the policies and procedures of the Home
- Fire triangle and what it takes to start a fire
- Fire prevention - Signs and good housekeeping
- Fire evacuation - Demonstration of fire sledges and P.E.E.P
- Practice fire drill
- Fire extinguishers - Go through the different types and their use
- Practical demonstration of fire extinguishers using P.A.S.S

### Moving and Handling

- To discuss the law and its relevance to moving and handling
- To explain the anatomy of the spine and its relevance to moving and handling
- To demonstrate the principles of ergonomics and biomechanics
- To demonstrate and discuss moving and handling equipment
- To be able to demonstrate safe moving and handling techniques
- To explain why some moves are seen as 'unsafe'
- Practice session on the use of the hoist from the bed, chair and floor
- How to use of slide sheets and practice session

### Basic Life Support

- Explanation of a DNAR and their correct use
- Explanation and demonstration of CPR procedure according to British Resuscitation Council guidelines
- Practice session (all students to demonstrate CPR on the manikins)
- Explanation and demonstration of the recovery position
- Practice session for staff to put a volunteer in the recovery position
- How to deal with choking - partial and total
- Talk through the procedure and demonstrate
- To be made aware of the dangers of abdominal thrusts and practice on the manikins